

Autumn 2019 /
Winter 2020

Food Super Heroes Menu

FREE

Super Hero school
meals for every
child in reception
and years 1 & 2

You could
save over
£380*
per child per year

We engage
with children
through fun
food activities.

Since September 2014, children in reception and years 1 & 2 are entitled to FREE school meals through the Government's 'Universal Infant Free School Meals' initiative. So who are we? We're Chartwells and are responsible for preparing your children's tasty meals. We love to help children discover and learn about the food they eat, where it comes from and how it's prepared. It's great fun for them and us!

*This saving will depend on the cost of a meal at your school.

Lovingly prepared,
tasty and nutritious
school meals.

We are proud
to have our own
team of registered
nutritionists.



If you would like to know more about school meals please contact our local office on 01174 406 456 or email BCCqueries@compass-group.co.uk


Chartwells
EAT LEARN LIVE

Week one

04/11 25/11 16/12 20/01 10/02 09/03 30/03



Monday

-  Cheese & Tomato Pizza with Jacket Wedges ✓
on the side... Peas
Carrots
for dessert... Chocolate Slice
-  Bean and Potato Wrap with a Rice side ✓

Tuesday

-  Farm Assured Roast Gammon with Mashed Potatoes and Gravy
on the side... Green Beans
Broccoli & Cauliflower
for dessert... Apple & Berry Crumble with Custard
-  Veggie Pizza Hot Dog with Jacket Wedges ✓
Halal Roast Turkey

Wednesday

-  Organic Cottage Pie & Gravy
on the side... Sweetcorn
Med Veg
for dessert... Orange Drizzle Cake with Custard
-  Mac 'N' Cheese ✓
Halal Cottage Pie

Thursday



-  Farm Assured Roast Chicken with Roast Potatoes and Gravy
on the side... Cabbage
Carrots
for dessert... Shortbread Biscuit with Fruit Slices
-  Sweetcorn Tortilla Pie ✓
Halal Roast Chicken

Friday



-  Golden Fish Fingers with Chips
on the side... Baked Beans
Peas
for dessert... Peach and Chocolate Sponge
-  Salmon Fish Fingers or Quorn Dippers with Chips

Week two

11/11 02/12 06/01 27/01 24/02 16/03

-  Vegetable Supreme Pizza with Jacket Wedges ✓
on the side... Sweetcorn
Broccoli
for dessert... Mango Frozen Yoghurt
-  Spaghetti Bake ✓

-  Farm Assured Roast Pork with Roast Potatoes and Gravy
on the side... Roast Parsnips
Carrots
for dessert... Flapjack with Fruit Slices
-  Cheesy Bubble & Squeak ✓
Halal Roast Beef

-  Organic Beef Lasagne with Garlic & Herb Bread
on the side... Peas
Roasted Peppers and Sweetcorn
for dessert... Apple & Pear Strudel with Custard
-  Quorn Pasta Bolognese with Garlic & Herb Bread ✓
Halal Beef Lasagne



-  Farm Assured Roast Chicken with Dry Roasted Potatoes and Gravy
on the side... Green Beans
Broccoli & Cauliflower
for dessert... Bread and Butter Pudding with Custard
-  Roast Vegetable and Butterbean Crumble with Dry Roasted Potatoes and Gravy ✓
Halal Roast Chicken

-  Golden Fish Fingers with Chips
on the side... Baked Beans
Peas
for dessert... Chocolate Cake
-  Caramelised Red Onion & Mozzarella Tart with Chips ✓

Week three

£2.00



18/11 09/12 13/01 03/02 02/03 23/03

-  Tomato & Mozzarella Pizza with Jacket Wedges ✓
on the side... Carrots
Peas
for dessert... Creamy Baked Rice Pudding
-  BBQ Quorn Burger with jacket Wedges ✓

-  Organic Roast Beef with Dry Roasted Potatoes and Gravy
on the side... Broccoli
Green Beans
for dessert... Chocolate & Raspberry Swirl Cake with Custard
-  Sweet Potato and Chickpea Tikka Masala with Rice ✓
Halal Roast Beef

-  Organic Pork Sausages with Mashed Potatoes & Gravy
on the side... Sweetcorn
Peas
for dessert... Oatie Biscuit with Fruit Slices
-  Vegetarian Sausages with Mashed Potatoes & Gravy ✓
Halal Chicken Sausages

-  Farm Assured Roast Turkey with Roast Potatoes & Gravy
on the side... Cabbage
Carrot & Swede Mash
for dessert... Banana and Cinnamon Cake with Custard
-  Vegetable Wellington with Roast Potatoes & Gravy ✓
Halal Roast Turkey

-  Golden Fish Fingers with Chips
on the side... Coleslaw
Baked Beans
for dessert... Strawberry Frozen Yoghurt
-  Tomato and Quorn Taco Cone with Chips ✓

If your child is in Reception, Year 1 or Year 2 then you can get your packed lunch or hot meal free of charge!

SPEAK TO YOUR SCHOOL RECEPTION TODAY

All of our packed lunches include a healthy snack, fruit and dessert to stop little tummies rumbling!

100% OF OUR MILK IS SUPPLIED BY BRITISH FARMERS

SERVED DAILY
Jacket potatoes with various tasty fillings

2 OF YOUR 5 A DAY in every hot meal

SUGAR CRACKDOWN

30% less sugar across all of our desserts