

What Else Could You Do To Help?

- Always talk about nursery in a positive way
- Make the most of all opportunities to visit nursery with your child e.g. class visits, summer fair
- Consider buying shoes with velcro and clothes with easy fastenings.
- Avoid buying coats with toggles (difficult to do up)
- Make sure your child can open and use their bag and lunch box if staying all day
- Reassure your child that the adults at nursery are there to help them.

Encourage your child to:

- Use the toilet, wipe themselves and wash their hands
- Have a go at dressing and undressing and putting their own coat on and off
- Hang up their coat
- Carry their own bag etc
- Be involved in tidying toys away



Remember:

- Talk to your child's Keyperson if you have any questions about your child's transition to nursery.
- Early Years Settings personalise children's transition to nursery to ensure their individual needs are met.

Produced by Filton Avenue Nursery School & Children's Centre for all of the families in our area.



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Tips for Starting Nursery



How to help your child have a happy and smooth transition to nursery school

Starting Nursery

Starting nursery is an exciting time for both you and your child.

There are lots of things you can do to ensure a happy and smooth transition for your child.

We hope this leaflet will help to answer your queries as well as give you some new ideas.



The Early Years Foundation Stage (EYFS) curriculum which your child has been following, continues until the end of reception. Further information can be found at <https://www.gov.uk/early-years-foundation-stage>

Time will be spent at nursery learning through play and exploring inside and outside as well as in group and whole class time.

What's Important?

◆ *Communication*

Encouraging children's speaking and listening skills will help them to settle into nursery.

Value their ideas and really listen to what they have to say.

Encourage them to listen to others and to ask questions.

◆ *Independence*

It's really useful if you can support your child with toileting, dressing and managing their own belongings.

It's also important to support them in using their own initiative.

◆ *Curiosity*

Children who are fascinated by the world around them learn more. Really try to respond to what your child is interested in.

◆ *Be willing to have a go*

Encourage your child to have a 'can do' attitude and celebrate when they have tried something new even if it doesn't go to plan.

◆ *Resilience*

Help your child to understand that it's ok to make mistakes and support them in learning how to problem solve and bounce back.

◆ *Relationships*

Help your child to play cooperatively and take turns. Support them with their friendships and encourage them to think about things from other people's points of view.

What About the Other Stuff? (Remember - children need to feel secure and confident in their new environment before they are ready to develop their skills)

You can help by.....

Reading

- Sharing and talking about stories and information books together
- Reading their favourite book over and over again
- Make sure reading times are always fun!

Writing

- Letting your child see you write e.g. shopping lists
- Finding different ways to make marks e.g. sticks in wet sand
- Encouraging your child to develop strong arm and hand muscles through physical play



Maths

- Giving 'real' opportunities to count e.g. setting the table
- Playing number games together
- Noticing numbers together when you are out and about
- Try to use mathematical words e.g. more, less, big, small, long, short, triangle, rectangle