

Parent information on COVID prevention and what to do if you or your child develops symptoms over the holiday

The Government have announced that there will be a period between the 23rd and 27th of December in which 3 households can meet up. The guidance on what this means can be found here <https://www.gov.uk/government/publications/making-a-christmas-bubble-with-friends-and-family/making-a-christmas-bubble-with-friends-and-family>

We know is that the easiest way for COVID to spread is when people meet up indoors and encourage you to consider the risk, particularly to older or vulnerable members of your family at this time. Increasing ventilation, keeping physical distance, hand hygiene, keeping to your 3 household bubble and importantly if you are unwell not meeting with others may help reduce this risk.

Unfortunately due to the relaxation of restrictions we expect to see an increase in COVID infections in Bristol after Christmas and together we want to look at how to safely return to school in January.

To keep your child and other children safe it is important that children do not come to school at the beginning of term if they

- Have any symptoms of COVID – new cough, temperature or loss of taste or smell (until 10 days after symptoms have started)
- Live with someone who has COVID symptoms (until 10 days self-isolation has been completed)
- Have been told to self- isolate by National Test and Trace (until the date they say self-isolation ends and they can return)

We have provided an information table for you to help you see when your child can return to school and whether you need to inform school if your child has Covid.

Child's Symptoms started	Self-isolation period	Child is a close contact of another case over the holidays when can they come back to school?	Does the parent need to inform school and when
Thursday 17th	child must SELF-ISOLATE until 28 th Dec	When school reopens in January	Yes – as soon as test result is known
Friday 18th	child must SELF-ISOLATE until 29 th Dec	When school reopens in January	Yes – as soon as test result is known
Saturday 19 th	child must SELF-ISOLATE until 30 th Dec	When school reopens in January	Yes - as soon as test result is known
Sunday 20th	child must SELF-ISOLATE until 31 st Dec	When school reopens in January	Yes- as soon as test result is known
Monday 21st	child must SELF-ISOLATE until 1 st Jan	When school reopens in January	No

Tuesday 22 nd	child must SELF-ISOLATE and not return to school until 2 nd Jan	When school reopens in January	No
Wednesday 23 rd	child must SELF-ISOLATE and not return to school until 3 rd Jan	When school reopens in January	No
Thursday 24 th	child must SELF-ISOLATE and not return to school until 4 th Jan	When school reopens in January	No
Friday 25 th	child must SELF-ISOLATE and not return to school until 5 th Jan	child must SELF-ISOLATE and not return to school until 5 th Jan	Yes at the beginning of January term
Saturday 26 th	child must SELF-ISOLATE and not return to school until 6 th Jan	child must SELF-ISOLATE and not return to school until 6 th Jan	Yes at the beginning of January term
Sunday 27 th	child must SELF-ISOLATE and not return to school until 7 th Jan	child must SELF-ISOLATE and not return to school until 7 th Jan	Yes at the beginning of January term
Monday 28 th	child must SELF-ISOLATE and not return to school until 8 th Jan	child must SELF-ISOLATE and not return to school until 8 th Jan	Yes at the beginning of January term
Tuesday 29 th	child must SELF-ISOLATE and not return to school until 9 th Jan	child must SELF-ISOLATE and not return to school until 9 th Jan	Yes at the beginning of January term
Wednesday 30 th	child must SELF-ISOLATE and not return to school until 10 th Jan	child must SELF-ISOLATE and not return to school until 10 th Jan	Yes at the beginning of January term
Thursday 31 st	child must SELF-ISOLATE and not return to school until 11 th Jan	child must SELF-ISOLATE and not return to school until 11 th Jan	Yes at the beginning of January term
Friday 1 st	child must SELF-ISOLATE and not return to school until 12/1	child must SELF-ISOLATE and not return to school until 12 th Jan	Yes at the beginning of January term
Saturday 2 nd	child must SELF-ISOLATE and not return to school until 13 th Jan	child must SELF-ISOLATE and not return to school until 13 th Jan	Yes at the beginning of January term
Sunday 3 rd	child must SELF-ISOLATE and not return to school until 14 th Jan	child must SELF-ISOLATE and not return to school until 14 th Jan	Yes at the beginning of January term
Monday 4 th	child must SELF-ISOLATE and not return to school until 15 th Jan	child must SELF-ISOLATE and not return to school until 15 th Jan	Yes at the beginning of January term
Tuesday 5 th	child must SELF-ISOLATE and not return to school until 16 th Jan	child must SELF-ISOLATE and not return to school until 16 th Jan	Yes at the beginning of January term