



# INCREDIBLE YEARS PARENTING COURSE

**FOR PARENTS OF CHILDREN WITH CHALLENGING  
BEHAVIOUR AGED 3 YEARS TO 11 YEARS.**

The Incredible Years Course focuses on building positive parenting skills. It provides tools and strategies to encourage positive behaviour, build relationships and manage conflict.



## TOPICS INCLUDE

- Problem Solving
- Communication Skills
- The Importance of Play
- Effective Limit Setting
- Praising and Rewarding
- Handling Misbehaviour

Free refreshments provided at every session!

**TUE 25TH APRIL 12.30-2.45PM**

FILTON AVE CHILDREN CENTRE,  
BLAKENEY RD,  
BS7 0DL



Contact the Parenting Practitioner team to find out more:  
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