



The
Children's Kitchen



Feeding Your Family with The Children's Kitchen

Our Feeding Your Family Sessions are a time to share ideas, learn new skills, and make some food to take home. We focus on simple, affordable meals that the family will love based on our recipe booklets. You will get a free recipe booklet, spice kit and food to take home if you attend the sessions. This is a four-week course, please choose the location closest to you:

Tuesdays **1.00-2.30pm** **from November 5th**

Oasis Academy Connaught (in the Hub Building)
Melvin Square, Knowle West, Bristol, BS4 1NH

Wednesdays **9.30-11am** **from November 6th**

Badock's Wood Community Primary School (in the Community Hub room)
117 Doncaster Road, Southmead, BS10 5PY

Thursdays **1.00-2.30pm** **from November 14th**

Wellspring Healthy Living Centre (in the Learning Kitchen)
Beam Street, Barton Hill, Bristol, BS5 9QY

To book please visit: bit.ly/feeding-your-family

Please note we do not have creche facilities for these sessions.

